

## Is Your Doctor Trying to Kill you?

He does not intend to, but more than 125,000 people die from adverse drug reactions every year in the US. These drugs were properly prescribed by doctors for their patients. The Dr. just didn't realize that the drug should not be prescribed due to the drug being dangerous for the patient. Adverse drug reactions are the fourth leading cause for death in the US. Right up there with, heart attacks, cancer, and stroke. Some other stats:

- ➤ Over 2,000,000 are admitted to the hospital because of ADRs,
- > FDA reports \$136 Billion dollars spend each year on ADRs,
- ➤ Over 2000 severe life-threatening ADR's each day (FDA),
- ➤ More than 350,000 Nursing Home ADR's each year,
- The more drugs taken the greater the risk of an ADR, and
- Patients taking over 11 drugs have a 96% chance of an ADR.

Are you taking any medications? Have you ever had any reactions to those drugs? Do you know anyone who has had adverse reactions to drugs? Probably so, and maybe they weren't serious, but wouldn't it be better to know if you, or they, were taking the right meds, in the right dosages? If there was a way to know for sure if you, or they, could be certain which drugs would be bad and which ones would be effective, wouldn't you want that test? Of course, you would.

There is a simple solution to this disastrous problem, but, there is a basic problem. Only a very few doctors even know that a solution exists. Very few patients have a clue that there's this simple solution. Did you know? Probably not. Our mission is to get the word out to as many doctors and patients as possible.

## What's the solution, you ask?

The solution is to have your doctor prescribe the PGx test. This is a simple cheek swab test and takes less than 5 minutes. He will send the completed test kits with the swabs to our award-winning lab that will return a report in a week or so that gives you a full description of which drugs you can and cannot take. This is a very simple process, but as mentioned, your doctor probably is not aware of this test. Some doctors are aware that there are tests out there that only test up to 13 genes, but the PGx test covers 50 genes and is the most comprehensive test available. Don't you want the best when it comes to your health?

One major issue regarding medications is how you metabolize drugs. Some are fast metabolizers, and some are slower. The means the dosage and frequency must be regulated accordingly. If you don't know how you metabolize these drugs, how can you regulate the right dosage? This is especially important with the Opioid class of drugs. Too much too soon can be deadly. This is a leading news story on an ongoing basis.

One important note is that this test is only required once in your life because this is a DNA test and your DNA doesn't change over time. You will also get your own copy of the report from your doctor, so you can share the results with any doctor or hospital, so you don't accidentally get a bad drug. One out of every six patients get a bad drug when in the hospital. The goes up to one of three if you are over 70.

Many insurance companies cover the cost of this test when there is a medical necessity so there may be no cost to you. If your insurance doesn't cover it, you will be contacted, before the test is done, to see if you want to pay for the test on a payment plan. There will never be any surprise billings.

If a doctor knew about this genetic information and did not act upon it, he would not be practicing good medicine. - St. Jude Children's Research Hospital.

## **Get a Letter for your Doctor**

If you are convinced that you want to get this test, and you should be, then we offer a free service that provides you with a letter from you to your doctor that requests that the doctor prescribe the PGx test for you. The doctor probably won't be aware that this test is available, but the letter explains how and why he/she should contact us to get set up to offer the test.

The letter is comprised of three pages. The first two pages are for you to read to explain how the process works and how the cost will be covered. The third page is to be given to your doctor to explain how he/she can get set up to prescribe the test. It's all very easy and costs neither you or the doctor to get set up, or do the test. Our lab pays for all testing supplies, shipping, and reporting.

## Who uses this test?

Don't take our word for it. Some of the major institutions that use this test on a routine basis:

- > Mayo Clinic
- > Johns Hopkins Hospital
- > St. Jude Research Hospital
- **➢** Ohio State University
- Cleveland Clinic
- **➤** University of Chicago
- > Brigham and Women's Hospital
- > Vanderbilt Medical Center
- > Stanford Medical Center
- > Duke University Medical Center
- > Columbia University Medical Center
- > University of Maryland Medical Center

**To get your letter**: call us at LynStar Benefits, a Certified Independent Representative of MedXPrime, 972-979-1701, or email me at <a href="mailto:chris@lynes.net">chris@lynes.net</a>, I only need your name and email address to send the letter back to you, I also need the name of the patient, if it's not you, and the name of each doctor associated with each patient. We will get the letter(s) back to you within one business day. You can also go to <a href="www.PgXPatient.org">www.PgXPatient.org</a> and fill out the form to get a letter. You can send other patients there as well.