

Are You Hurting Your Patients?

You might not intend to, but more than 125,000 people die from adverse drug reactions every year in the US. These drugs were properly prescribed by doctors for their patients. It's just that the doctor just didn't realize that the drug should not be prescribed due to the drug being fatal for the patient. Adverse drug reactions are the fourth leading cause for death in the US. Right up there with cancer, heart attack, and stroke. Some other stats:

- Over 125,000 people die from Adverse Drug Reactions (ADRs)
- Over 2,000,000 are admitted to the hospital because of ADRs,
- FDA reports \$136 Billion dollars spend each year on ADRs,
- Over 2000 severe life-threatening ADR's each day (FDA),
- More than 350,000 Nursing Home ADR's each year,
- The more drugs taken the greater the risk of an ADR, and
- Patients taking over 11 drugs have a 96% chance of an ADR.

For those patients that you prescribe drugs, have any of them had negative reactions? Probably so, and maybe they weren't serious, but wouldn't it be better to know if they were the right drugs in the right dosages? If there was a way to know for sure if you were prescribing effective drugs, wouldn't you want to know about it? Wouldn't you want to be certain which drugs would be bad and which ones would be effective? Of course, you would.

There is a simple solution to this disastrous problem, but, there is a basic problem. Only a very few doctors even know that a solution exists. Did you know? Probably not. Our mission is to get the word out to as many doctors as possible.

What's the solution, you ask?

The solution is to have you prescribe the PGx test. This is a simple cheek swab test and takes less than five minutes. You then send the completed test kits with the swabs to the lab that will return a report in a week or so that gives you a full report on which drugs your patient can and cannot take. This is every simple process, but as mentioned, you probably are not aware of this test. Some doctors are aware that there are tests out there that only test up to 13 genes, but our PGx tests 50 genes and is the most comprehensive test available. Don't you want the best when it comes to your patient's health?

Another major issue regarding medications is how patients metabolize drugs. Some are fast metabolizers, and some are slower. The means the dosage and frequency must be regulated accordingly. If you don't know how your patients metabolize these drugs, how can you regulate the right dosage? This is especially important with the Opioid class of drugs. Too much too soon can be deadly. This is a leading news story on an ongoing basis.

One important note is that this test is only required once in your patient's life because this is a DNA test and DNA doesn't change over time. You will get a copy of the report, so it can be shared with the patient and with any other doctor or hospital, so patients don't accidentally get a bad drug. One out every six patients get a bad drug when in the hospital. The goes up to one of three if you are over 70. Sharing the report can prevent bad outcomes.

Medicare and many insurance companies cover the cost of this test, when medically necessary so there is often no cost to your patient. If the insurance doesn't cover it, the patient will be contacted to see if they want to pay for the test on a payment plan. There will never be any surprise billings.

If you knew about this genetic information and did not act upon it, you would not be practicing good medicine. - St. Jude Children's Hospital.

Get Set Up to Provide the PGx Test

Give us a call to get signed up to offer this very important test to your patients. It's a very simple process. We provide all of the test kits, shipping, and reports at no charge to your practice. We will also train your staff to give the test and train them on the process of administering the test. We are always available for any questions, you, or your staff, may have now and in the future.

The lab that provides the test, is fully CLIA Certified. We can provide much more documentation regarding the science and viability of this test if you need it.

Who uses this test?

Don't take our word for it. Some of the major institutions that use this test on a routine basis:

- **Mayo Clinic**
- **Johns Hopkins Hospital**
- **St. Jude Hospital**
- **Ohio State University**
- **Cleveland Clinic**
- **University of Chicago**
- **Brigham and Women's Hospital**
- **Vanderbilt Medical Center**
- **Stanford Medical Center**
- **Duke University Medical Center**
- **Columbia University Medical Center**
- **University of Maryland Medical Center**

To Get Signed Up: call us at LynStar Benefits, a Certified Independent MedXPrime Representative, 972-979-1701, or email me at chris@lynes.net, We will contact you and describe the process, answer any questions you may have, and how we support you now and in the future. There is more info at www.PGxDoctor.org.